

Intersession 1998

**EDUC 459 - 4**  
**Instructional Activities in Elementary**  
**School Physical Education**  
**D01.00**

J.Holme & T. Wirick  
Office: MPX 9508  
Tel: 291-3395

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**PREREQUISITE**

Educ 401/402

**COURSE DESCRIPTION**

This course is designed to enable students to plan and implement an elementary school physical education program, as outlined by the Ministry of Education Integrated Resource Package. Sessions will be both theoretical and practical in nature. Specifically the course will focus upon program organization, teaching strategies, and curriculum content in the areas of games, gymnastics, dance and outdoor pursuits. Many practical activities will be introduced which are suitable for use in the school setting.

**REQUIREMENTS**

1. Students will plan and develop a yearly physical education program for use in the schools;
2. Students will plan, teach and evaluate one lesson in the area of games, dance, and/or gymnastics;
3. Students will create a P.E. resource directory;
4. Students will maintain a learning log;
5. Students will actively participate in all activities including individual and group presentations;
6. Students will complete all professional readings and written assignments.

**REQUIRED READINGS**

Physical Education for Elementary School Children by Glen Kirchner.

The Cooperative Sports and Games Book by Terry Orlick.

Integrated Resource Package: Physical Education K to 7 by B.C. Ministry of Education.